

**2021 NY DOWNSTATE
LEVEL 2/3
STATE CHAMPIONSHIPS
GENERAL INFORMATION**



LOCATION AND EVENT DATES

GYM NEST GYMNASTICS

DATE: May 14-16, 2021
HOST: Gym Nest Gymnastics
SITE: 1145 Station Rd, Medford, NY 11763

ACCOMODATION

GYM NEST GYMNASTICS

SpringHill Suites by Marriott
2 Sawgrass Dr.
Bellport, NY 11713

Comfort Inn
2695 NY-112
Medford, NY 11763

QUALIFYING CRITERIA:

In order to compete in the state championships, you must have received a score of :
Level 2 : 30.00 All-Around
Level 3 : 32.00 All-Around

INJURY PETITIONS: Rules and Policies p.19: <http://usagym.org/PDFs/Forms/Women/injury2015.pdf>

ENTRY FEE:

\$100.00: Registration must happen on USA Gymnastics Meet reservation system:

DEADLINE: 4/23/2021: Any registrations received after 4/23/2021 will be assessed a \$50.00 per gymnast late registration fee. The state will refund all scratches up to 5/8/2021.

LIVE SCORING: <http://www.meetscoresonline.com/Event/> TBD

EQUIPMENT: AAI

AGE DETERMINATION:

Per the R+P: Age is determined by the date of the last day of the State meet. Age Determination Date is May 16, 2021. For this meet, the girls will be distributed into equal age groups based on their date of birth

AGE GROUPS

TBD

SCHEDULE

TBD

ROTATION SHEETS

Due to late additions and scratches, this will be posted to the NY State website closer to the meet.

DAILY ADMISSION

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Adults: **\$20**
Adult Weekend Pass: **\$30**
Children (6-12): **\$10**
Children (6-12) Weekend Pass: **\$15**
Children (5 and under): **Free**
Families Pass (parents with their immediate children only): **\$50**
Please have exact change – Cash or Paper Check accepted.

COVID RESTRICTIONS:

NY State Guidelines are in effect. In addition to the mandated restrictions:

NY USAG COVID Protocols

- Everyone in the building must be wearing a mask upon entering. This includes coaches, judges, gymnasts, spectators
- Everyone must have their temperature taken and sanitize their hands when entering
- Separate entrance and exit
- Social distancing of athletes and coaches
- Separation of judging tables
- Boxed lunches for officials
- Water bottles for coaches and judges
- Gymnasts must bring their own chalk in separate containers
- Social distancing
 - o Everyone in the facility is expected to follow social distancing guidelines
 - o Teams will have a designated area for stretch, and as well as awards
- Gymnasts COVID protocols
 - o Gymnasts must bring their own chalk in separate containers
 - o Gymnasts must bring their own water bottle
 - o Gymnasts must bring personal hand sanitizer to use between events
 - o Masks are to be worn at all times except while on the equipment or competing
 - o Bag large enough to carry all personal belongings
 - o We ask that gymnasts arrive at the competition in full attire to avoid crowding in the restrooms

Site specific COVID checks

- Temperature checks (on forehead) will be taken for everyone entering the building
- Only 2 spectators per athlete will be permitted inside the building; Children count as a spectator
- Facial coverings will be required (and worn correctly; over mouth and nose). Spectators and Coaches will wear the entire time. Athletes may remove only during time on the equipment
- Social distancing of 6 feet must be maintained at all times
- Spectators must remain in their seats for the duration of the competition
- Athletes will enter and be released using the back door of the facility. Parents and Spectators must use the front entrance
- A COVID questionnaire and Consent form must be completed prior to entering the building. Form can be found on www.Gym-Nest.com under Events.
- No food or drink will be allowed in the building (with the exception of water for the athletes)