

**2021 NY DOWNSTATE  
LEVEL 2/3  
STATE CHAMPIONSHIPS  
GENERAL INFORMATION**



**LOCATION AND EVENT DATES**

**GYM NEST GYMNASTICS**

**DATE:** May 15-16, 2021  
**HOST:** Gym Nest Gymnastics  
**SITE:** 1145 Station Rd, Medford, NY 11763

**ACCOMODATION**

**GYM NEST GYMNASTICS**

SpringHill Suites by Marriott  
2 Sawgrass Dr.  
Bellport, NY 11713

Comfort Inn  
2695 NY-112  
Medford, NY 11763

**QUALIFYING CRITERIA:**

In order to compete in the state championships, you must have received a score of :  
Level 2 : 30.00 All-Around  
Level 3 : 32.00 All-Around

**INJURY PETITIONS:** Rules and Policies p.19: <http://usagym.org/PDFs/Forms/Women/injury2015.pdf>

**ENTRY FEE:**

\$100.00: Registration must happen on USA Gymnastics Meet reservation system:

**DEADLINE:** 4/23/2021: Any registrations received after 4/23/2021 will be assessed a \$50.00 per gymnast late registration fee. The state will refund all scratches up to 5/10/2021.

**LIVE SCORING:** <http://www.meetscoresonline.com/Event/24941>

**EQUIPMENT:** AAI

**AGE DETERMINATION:**

Per the R+P: Age is determined by the date of the last day of the State meet. Age Determination Date is May 16, 2021. For this meet, the girls will be distributed into equal age groups based on their date of birth

**AGE GROUPS**

See Below

**SCHEDULE**

See Below

**ROTATION SHEETS**

See Below

# 2021 NY DOWNSTATE LEVEL 2/3 STATE CHAMPIONSHIPS GENERAL INFORMATION



## DAILY ADMISSION

Adults: **\$20**

Children (6-12): **\$10**

Children (5 and under): **Free**

Please have exact change – Cash or Paper Check accepted.

## COVID RESTRICTIONS:

NY State Guidelines are in effect. In addition to the mandated restrictions:

### NY USAG COVID Protocols

- Everyone in the building must be wearing a mask upon entering. This includes coaches, judges, gymnasts, spectators
- Everyone must have their temperature taken and sanitize their hands when entering
- Separate entrance and exit
- Social distancing of athletes and coaches
- Separation of judging tables
- Boxed lunches for officials
- Water bottles for coaches and judges
- Gymnasts must bring their own chalk in separate containers
- Social distancing
  - o Everyone in the facility is expected to follow social distancing guidelines
  - o Teams will have a designated area for stretch, and as well as awards
- Gymnasts COVID protocols
  - o Gymnasts must bring their own chalk in separate containers
  - o Gymnasts must bring their own water bottle
  - o Gymnasts must bring personal hand sanitizer to use between events
  - o Masks are to be worn at all times except while on the equipment or competing
  - o Bag large enough to carry all personal belongings
  - o We ask that gymnasts arrive at the competition in full attire to avoid crowding in the restrooms

### Site specific COVID checks

- Temperature checks (on forehead) will be taken for everyone entering the building
- Only 2 spectators per athlete will be permitted inside the building; Children count as a spectator
- Facial coverings will be required (and worn correctly; over mouth and nose). Spectators and Coaches will wear the entire time. Athletes may remove only during time on the equipment
- Social distancing of 6 feet must be maintained at all times
- Spectators must remain in their seats for the duration of the competition
- Athletes will enter and be released using the back door of the facility. Parents and Spectators must use the front entrance
- A COVID questionnaire and Consent form must be completed prior to entering the building. Form can be found on [www.Gym-Nest.com](http://www.Gym-Nest.com) under Events.
- No food or drink will be allowed in the building (with the exception of water for the athletes)

# 2021 NY Downstate Lvl 2/3 Championships

## Session Summary

May 14-16, 2021

Saturday, May 15, 2021 Level 2 - Juniors	Session: 01 # Gymnasts 45	Open Warmup 9:00 AM Timed Warmup 9:30 AM	Competition Awards
Saturday, May 15, 2021 Level 2 - Seniors	Session: 02 # Gymnasts 41	Open Warmup 12:00 PM Timed Warmup 12:30 PM	Competition Awards
Saturday, May 15, 2021 Level 3 Ch A,B,C	Session: 03 # Gymnasts 46	Open Warmup 3:00 PM Timed Warmup 3:30 PM	Competition Awards
Sunday, May 16, 2021 Level 3 Ch D, Jr A,B	Session: 04 # Gymnasts 44	Open Warmup 8:00 AM Timed Warmup 8:30 AM	Competition Awards
Sunday, May 16, 2021 Level 3 Jr C,D Sr A	Session: 05 # Gymnasts 45	Open Warmup 11:00 AM Timed Warmup 11:30 AM	Competition Awards
Sunday, May 16, 2021 Level 3 Sr B,C,D	Session: 06 # Gymnasts 46	Open Warmup 2:00 PM Timed Warmup 2:30 PM	Competition Awards

# 2021 NY Downstate Lvl 2/3 Championships

## Meet Settings

May 14-16, 2021

Meet Location
Gym Nest Gymnastics 1145 Station Road MEDFORD, NY 11763 (585) 248-3750 (585) 248-3757 Fax

Meet Statistics
# of Gymnasts: 267
# of Gyms Attending: 35
# of Sessions: 6
# Judges/Event: 2
Use Age Divisions?: Yes

<u>Event Group:</u> Women	<u>Level:</u> 2	<u>Age Determination Date</u> 5/16/2021	<u>Num Gymnasts:</u> 86
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Meet Default Age Divisions	Age Division	Start	End	Num Gymnasts
	Jr A	5/21/2014	12/31/2021	21
	Jr B	9/24/2013	5/20/2014	21
	Sr A	1/4/2013	9/23/2013	22
	Sr B	1/1/2004	1/3/2013	22

<u>Event Group:</u> Women	<u>Level:</u> 3	<u>Age Determination Date</u> 5/16/2021	<u>Num Gymnasts:</u> 181
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Meet Default Age Divisions	Age Division	Start	End	Num Gymnasts
	Ch A	10/31/2013	12/31/2021	15
	Ch B	5/21/2013	10/30/2013	16
	Ch C	2/7/2013	5/20/2013	15
	Ch D	11/17/2012	2/6/2013	15
	Jr A	7/27/2012	11/16/2012	15
	Jr B	5/22/2012	7/26/2012	14
	Jr C	4/3/2012	5/21/2012	15
	Jr D	1/28/2012	4/2/2012	15
	Sr A	10/16/2011	1/27/2012	15
	Sr B	6/19/2011	10/15/2011	16
	Sr C	11/11/2010	6/18/2011	15
	Sr D	1/1/2004	11/10/2010	15

## Rotation Schedule

May 14-16, 2021

VERY TENTATIVE

### Saturday, May 15, 2021

Session: 01 -- Level 2 - Juniors


Open Warmup 9:00 AM  
Timed Warmup 9:30 AM

Competition Awards

# Gymnasts: 45

 12  
NY Gymnastics Plus - 2  
NY NYC Elite - 10

 11  
NY Apex - 8  
NY Gym Kids - 2  
NY New Image - 1

 11  
NY Angie's Gymnastic - 2  
NY Artistic Gymnasti - 3  
NY Infinity - 3  
NY LGC - 3

 11  
NY FGA - 1  
NY Galaxy Gymnastics - 7  
Power Moves - 3

### Saturday, May 15, 2021


Session: 02 -- Level 2 - Seniors


Open Warmup 12:00 PM  
Timed Warmup 12:30 PM


Competition Awards

# Gymnasts: 41

 11  
NY Angie's Gymnastic - 3  
NY Artistic Gymnasti - 2  
NY FGA - 1  
NY Sports Fitness & - 5

 10  
NY Galaxy Gymnastics - 2  
Power Moves - 8

 10  
MGA Gymnastics - 4  
NY Gym Kids - 1  
NY LGC - 5

 10  
NY Gym-Nest - 1  
NY Gymnastics Plus - 3  
NY NYC Elite - 6

### Saturday, May 15, 2021

Session: 03 -- Level 3 Ch A,B,C

Open Warmup 3:00 PM  
Timed Warmup 3:30 PM

Competition Awards

# Gymnasts: 46


 6  
NY 92Y Gym Stars - 1  
NY Gym-Nest - 2  
NY Infinity - 1  
NY Rockland - 1  
Power Moves - 1

 5  
NY NYC Elite - 5

Flight: A - 22

 6  
MGA Gymnastics - 2  
NY Angie's Gymnastic - 2  
NY Excel - 1  
NY Silver Stars Gymn - 1

 5  
NY GMGC Levittown - 3  
NY New Image - 1  
NY World Cup - 1

 6  
NY Galaxy Gymnastics - 5  
NY Tumblettes - 1

 5  
LI CORE - 1  
NY Gold Star - 1  
NY Hotshots East - 2  
NY M.T.G - 1

Flight: B - 24

 6  
NY Artistic Gymnasti - 1  
NY Five Star - 4  
NY GMGC - HUNTINGTON - 1

 7  
NY Apex - 7



# 2021 NY Downstate Lvl 2/3 Championships

## Rotation Schedule

May 14-16, 2021

VERY TENTATIVE

### Sunday, May 16, 2021

Session: 04 -- Level 3 Ch D, Jr A,B

Open Warmup 8:00 AM  
Timed Warmup 8:30 AM

Competition  
Awards

# Gymnasts: 44

Flight: A - 24



6

NY 92Y Gym Stars - 2  
NY Excel - 1  
NY Galaxy Gymnastics - 2  
NY Gym Kids - 1



6

NY Angie's Gymnastic - 3  
NY Silver Stars Gymn - 1  
NY Tumblettes - 2



6

NY LGC - 1  
NY NYC Elite - 3  
Ninas - 2



6

NY FGA - 1  
NY Gems - 1  
NY Infinity - 1  
NY M.T.G - 3

Flight: B - 20



5

NY Hotshots East - 2  
NY Sports Fitness & - 1  
NY World Cup - 2



5

GMGC Rocky Point - 1  
NY Apex - 3  
NY Gold Star - 1



5

NY Artistic Gymnasti - 2  
NY Westchester Gymna - 3



5

NY Athletic Edge - 2  
NY GMGC Levittown - 3

### Sunday, May 16, 2021

Session: 05 -- Level 3 Jr C,D Sr A

Open Warmup 11:00 AM  
Timed Warmup 11:30 AM

Competition  
Awards

# Gymnasts: 45

Flight: A - 22



5

NY Excel - 1  
NY VeGa Gymnastics - 4



6

NY Gems - 1  
NY NYC Elite - 2  
NY New Image - 1  
NY Westchester Gymna - 2



6

NY Apex - 1  
NY Five Star - 1  
NY Gold Star - 2  
NY LGC - 2



5

NY FGA - 1  
NY World Cup - 4

Flight: B - 23



6

NY Gym-Nest - 3  
NY Gymastics Plus - 1  
NY Sports Fitness & - 1  
Ninas - 1



5

GMGC Rocky Point - 2  
MGA Gymnastics - 2  
NY Hotshots East - 1



6

LI CORE - 2  
NY Artistic Gymnasti - 1  
NY Gym Kids - 2  
NY Rockland - 1



6

NY Angie's Gymnastic - 1  
NY GMGC Levittown - 3  
NY Infinity - 1  
NY M.T.G - 1



# 2021 NY Downstate Lvl 2/3 Championships

## Rotation Schedule

May 14-16, 2021

VERY TENTATIVE

### Sunday, May 16, 2021

Session: 06 -- Level 3 Sr B,C,D

Open Warmup 2:00 PM

Competition

Timed Warmup 2:30 PM

Awards

# Gymnasts: 46

#### Flight: A - 23



6

GMGC Rocky Point - 2  
NY Gymastics Plus - 1  
NY Hotshots East - 3



6

NY Athletic Edge - 1  
NY FGA - 1  
NY Westchester Gymna - 4



6

NY Angie's Gymnastic - 2  
Ninas - 4



5

NY Apex - 1  
NY Silver Stars Gymn - 2  
Power Moves - 2

#### Flight: B - 23



6

NY 92Y Gym Stars - 1  
NY Sports Fitness & - 2  
NY Tumblettes - 3



6

NY Gems - 2  
NY LGC - 1  
NY M.T.G - 3



5

NY Gold Star - 4  
NY Gym Kids - 1



6

MGA Gymnastics - 1  
NY Gym Stars - 4  
NY Rockland - 1

