

**2021 NY UPSTATE
LEVEL 5/6 and XCEL BRONZE
NY STATE CHAMPIONSHIPS
GENERAL INFORMATION**



LOCATION AND EVENT DATES

FINGERLAKES	MOHAWK VALLEY
DATE: FRIDAY/SATURDAY May 7-8, 2021 HOST: Bright Raven Gymnastics SITE: 62 School Street, Victor, NY, 14564	DATE: SUNDAY May 9, 2021 SITE: 1307 Champlin Ave, Utica, NY 13502

ACCOMODATION

FINGERLAKES	MOHAWK VALLEY
Hampton Inn & Suites 7637 State Route 96 Victor, NY 14564 Phone: (585) 924-4400 ext. 0 Mention: Bright Raven Gymnastics for applied discounts	Homewood Suites : 185 Woods Park Drive, Clinton NY 13323 Hampton Inn & Suites 201 Woods Park Drive, Clinton NY 13323. These both are 4.6 miles from the gym.

QUALIFYING CRITERIA:

In order to compete in the state championships, you must have received a score of :

Level 5 : 32.00 All-Around

Level 6 : 33.00 All-Around

Xcel Bronze : 30.00 All-Around

INJURY PETITIONS: Rules and Policies p.19: <http://usagym.org/PDFs/Forms/Women/injury2015.pdf>

ENTRY FEE:

\$100.00: Registration must happen on USA Gymnastics Meet reservation system:

DEADLINE: 4/16/2021: Any registrations received after 4/16/2021 will be assessed a \$50.00 per gymnast late registration fee. The state will refund all scratches up to 5/1/2021.

LIVE SCORING: <http://www.meetscoresonline.com/Event/> TBD

EQUIPMENT: AAI

AGE DETERMINATION:

Per the R+P: Age is determined by the date of the last day of the State meet. Age Determination Date is May 9, 2021. For this meet, the girls will be distributed into equal age groups based on their date of birth

AGE GROUPS

See Below

SCHEDULE

See Below

ROTATION SHEETS

Due to late additions and scratches, this will be posted to the NY State website closer to the meet.

2021 NY UPSTATE LEVEL 5/6 and XCEL BRONZE NY STATE CHAMPIONSHIPS GENERAL INFORMATION



DAILY ADMISSION

Adults: **\$20**

Children (6-12): **\$10**

Children (5 and under): **Free**

Please have exact change – Cash or Paper Check accepted.

COVID RESTRICTIONS:

NY State Guidelines are in effect. In addition to the mandated restrictions:

NY USAG COVID Protocols

- Everyone in the building must be wearing a mask upon entering. This includes coaches, judges, gymnasts, spectators
- Everyone must have their temperature taken and sanitize their hands when entering
- Separate entrance and exit
- Social distancing of athletes and coaches
- Separation of judging tables
- Boxed lunches for officials
- Water bottles for coaches and judges
- Gymnasts must bring their own chalk in separate containers
- Social distancing
 - o Everyone in the facility is expected to follow social distancing guidelines
 - o Teams will have a designated area for stretch, and as well as awards
- Gymnasts COVID protocols
 - o Gymnasts must bring their own chalk in separate containers
 - o Gymnasts must bring their own water bottle
 - o Gymnasts must bring personal hand sanitizer to use between events
 - o Masks are to be worn at all times except while on the equipment or competing
 - o Bag large enough to carry all personal belongings
 - o We ask that gymnasts arrive at the competition in full attire to avoid crowding in the restrooms

- Hosting Sites have also specified additional protocols:

FINGERLAKES

1. Masks & Social distancing are a must for all! The only time gymnasts are not required to wear their masks is when they are on the equipment.
2. A covid questionnaire will need to be completed and submitted for everyone entering the gym. These are available on the Bright Raven [Website](#). Parents will need to print, complete and submit one form that includes information for themselves and their competing gymnast.
3. Gymnasts/Coaches/Judges & spectators will be using separate entrances. Please follow designated signs and see Protocol Presentation on the Bright Raven [website](#).

MOHAWK VALLEY

1. Everyone wears a mask in the building-spectators keep masks on at all times. Athletes wear mask unless on the equipment.
2. Everyone will answer health safety screening questions
3. Everyone hand sanitizes before they enter the gym
4. Athletes shoes are removed before stepping onto the floor and sanitize their hands and feet. ****all athletes should have a pair of shoes, sandals etc to walk around the gym(not their street shoes)**
5. Spectator seats will be social distanced 6feet apart
6. Hand sanitizing stations will be all over the gym for athletes and spectators

2021 NY Upstate Lvl 5/6/XB Championships

Session Summary

May 7-9, 2021

Friday, May 7, 2021 FingerLakes-Xcel Br	Session: FL1 # Gymnasts 48	Open Warmup 5:00 PM Timed Warmup 5:30 PM	Competition Awards
Saturday, May 8, 2021 FingerLakes-Lvl 5	Session: FL2 # Gymnasts 54	Open Warmup 12:00 PM Timed Warmup 12:30 PM	Competition Awards
Saturday, May 8, 2021 FingerLakes-Lvl 6 Jr	Session: FL3 # Gymnasts 44	Open Warmup 3:00 PM Timed Warmup 3:30 PM	Competition Awards
Saturday, May 8, 2021 FingerLakes-Lvl 6 Sr	Session: FL4 # Gymnasts 43	Open Warmup 6:00 PM Timed Warmup 6:30 PM	Competition Awards
Sunday, May 9, 2021 MohawkValley-Xcel Br	Session: MV1 # Gymnasts 38	Open Warmup 9:30 AM Timed Warmup 10:00 AM	Competition Awards
Sunday, May 9, 2021 MohawkValley-Level 5	Session: MV2 # Gymnasts 24	Open Warmup 12:30 PM Timed Warmup 1:00 PM	Competition Awards
Sunday, May 9, 2021 MohawkValley-Level 6	Session: MV3 # Gymnasts 41	Open Warmup 3:00 PM Timed Warmup 3:30 PM	Competition Awards

2021 NY Upstate Lvl 5/6/XB Championships

Meet Settings

May 7-9, 2021

Meet Location
MULTIPLE MULTIPLE SANCTION 79143 AND 79146 (585) 248-3750 (585) 248-3757 Fax

Meet Statistics
of Gymnasts: 292
of Gyms Attending: 28
of Sessions: 8
Judges/Event: 2
Use Age Divisions?: Yes

<u>Event Group:</u> Women	<u>Level:</u> 5	<u>Age Determination Date</u> 5/9/2021	<u>Num Gymnasts:</u> 78
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Custom Session Age Divisions	Session:	FL2	Age Division	Start	End	Num Gymnasts
			Child	1/27/2010	12/31/2021	18
			Junior	1/28/2009	1/26/2010	18
			Senior	1/1/2001	1/27/2009	18

Custom Session Age Divisions	Session:	MV2	Age Division	Start	End	Num Gymnasts
			Jr	6/19/2010	12/31/2021	11
			Sr	1/1/2001	6/18/2010	13

<u>Event Group:</u> Women	<u>Level:</u> 6	<u>Age Determination Date</u> 5/9/2021	<u>Num Gymnasts:</u> 128
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Custom Session Age Divisions	Session:	FL3	Age Division	Start	End	Num Gymnasts
			Jr A	10/3/2009	12/31/2021	21
			Jr B	8/7/2008	10/2/2009	23
			Seniors	1/1/2001	8/6/2008	0

Custom Session Age Divisions	Session:	FL4	Age Division	Start	End	Num Gymnasts
			Juniors	8/7/2008	12/31/2021	0
			Sr A	8/1/2007	8/6/2008	21
			Sr B	1/1/2001	7/31/2007	22

Custom Session Age Divisions	Session:	MV3	Age Division	Start	End	Num Gymnasts
			Jr	11/7/2008	12/31/2021	19
			Sr	1/1/2001	11/6/2008	22

<u>Event Group:</u> Women	<u>Level:</u> XB	<u>Age Determination Date</u> 5/9/2021	<u>Num Gymnasts:</u> 86
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Custom Session Age Divisions	Session:	FL1	Age Division	Start	End	Num Gymnasts
			Jr	7/22/2010	12/31/2021	25
			Sr	1/1/2001	7/21/2010	23

Custom Session Age Divisions	Session:	MV1	Age Division	Start	End	Num Gymnasts
			Jr	3/30/2011	12/31/2021	19
			Sr	1/1/2001	3/29/2011	19

2021 NY Upstate Lvl 5/6/XB Championships

Rotation Schedule

May 7-9, 2021

Very Tentative Rotation Sheet - Gym

Friday, May 7, 2021

Session: FL1 -- FingerLakes-Xcel Br

Open Warmup 5:00 PM
Timed Warmup 5:30 PM

Competition
Awards

Gymnasts: 48

Flight: A - 24



NY zero gravity - 7



Flips - 5



NY Orchard Park Gyms - 4



Greater Buffalo - 4
NY zero gravity - 4

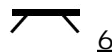
Flight: B - 24



Victors - 7



RGA - 6



RGA - 6



MCA Gymnastics - 5

Saturday, May 8, 2021

Session: FL2 -- FingerLakes-Lvl 5

Open Warmup 12:00 PM
Timed Warmup 12:30 PM

Competition
Awards

Gymnasts: 54

Flight: A - 28



RGA - 6



NY Turners - 2
Victors - 5



Bright Raven - 8



GSA - 4
RGA - 3

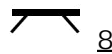
Flight: B - 26



NY SGC - 6



Flips - 1
Summit - 5



NY STGA - 3
Summit - 5



Greater Buffalo - 3
NY SGC - 3



2021 NY Upstate Lvl 5/6/XB Championships

Rotation Schedule

May 7-9, 2021

Very Tentative Rotation Sheet - Gym

Saturday, May 8, 2021

Session: FL3 -- FingerLakes-Lvl 6 Jr

Open Warmup 3:00 PM
Timed Warmup 3:30 PM

Competition
Awards

Gymnasts: 44

Flight: A - 21



Bright Raven - 2
NY Champion For Life - 1
NY STGA - 2



NY Orchard Park Gyms - 5



NY Orchard Park Gyms - 5



NY SGC - 3
NY Turners - 2

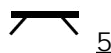
Flight: B - 23



RGA - 6



NY Blaze Gymnastics - 1
NY Tumble Bee Gym - 1
Summit - 3



Flips - 1
Victors - 4



NY Niagara - 7

Saturday, May 8, 2021

Session: FL4 -- FingerLakes-Lvl 6 Sr

Open Warmup 6:00 PM
Timed Warmup 6:30 PM

Competition
Awards

Gymnasts: 43

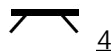
Flight: A - 14



Bright Raven - 1
GSA - 1
Victors - 1



NY Turners - 3
RGA - 1



Flips - 1
Greater Buffalo - 2
NY Blaze Gymnastics - 1



NY Champion For Life - 3

Flight: B - 29



NY Niagara - 8



NY Orchard Park Gyms - 8



NY SGC - 8



Summit - 5

Sunday, May 9, 2021

Session: MV1 -- MohawkValley-Xcel Br

Open Warmup 9:30 AM
Timed Warmup 10:00 AM

Competition
Awards

Gymnasts: 38



NY TnF Glenmont - 10



NY TnF Rotterdam - 7
Valley - 2



NY TnF Rotterdam - 5
NY Twist 'N Flip Gym - 4



NY TnF Glenmont - 4
NY Twist 'N Flip Gym - 6



Rotation Schedule

May 7-9, 2021

Very Tentative Rotation Sheet - Gym

Sunday, May 9, 2021

Session: MV2 -- MohawkValley-Level 5


Open Warmup 12:30 PM

Competition


Timed Warmup 1:00 PM


Awards

Gymnasts: 24

 7
NY WCGA - 7

 9
Valley - 9

 0

 8
NY CNY Gym Centre - 8

Sunday, May 9, 2021

Session: MV3 -- MohawkValley-Level 6


Open Warmup 3:00 PM


Competition


Timed Warmup 3:30 PM

Awards

Gymnasts: 41

 10
NY CNY Gym Centre - 10

 10
NE Aerials Gymnastic - 4
NY Owego Gymnastics - 6

 12
NY Stepping Stars - 12

 9
NY GC2 - 3
Valley - 6

