

**2023 XG/XP/XD/XF  
NY STATE CHAMPIONSHIPS  
GENERAL INFORMATION  
www.nyusag.com**



**NEW  
YORK**

**DATE:** April 28-30, 2023  
**HOST:** Galaxy Gymnastics  
**SITE:** Rockland Community College, Suffern, NY

**ACCOMODATION**

**Crown Plaza  
3 Executive Blvd  
Suffern, NY, 10901  
Call (845) 357-4800  
Booking Code GYM**

Click [HERE](#) for Link for reservations

**QUALIFYING CRITERIA:**

For XG/XP/XD/XF

- In order to compete in the state championships, you must have received a score of 30.00 or higher at a NY state qualifying meet.

**QUALIFICATION CRITERIA TO REGIONALS:**

- For Xcel Gold: Top 7 scores Make the Team, Next ?? Make the Xcel Gold all-star Team
- For Xcel Platinum: Top 7 scores Make the Team, Next ?? Make the Xcel Platinum all-star Team
- For Xcel Diamond: Top 7 scores Make the Team, Next ?? Make the Xcel Diamond all-star Team
- For Xcel Sapphire: Top 7 scores Make the Team, Next ?? Make the Xcel Sapphire all-star Team

**INJURY PETITIONS:**

- Rules and Policies p.87:  
[https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2021/2021\\_2022\\_w\\_rulespolicies.pdf](https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2021/2021_2022_w_rulespolicies.pdf)
- Petition Forms: <https://usagym.org/PDFs/Forms/Women/injury2021.pdf>
  - There are no petitions allowed for IES into the Regional Championships.

**ENTRY FEE:**

\$95.00: Registration must happen on USA Gymnastics Meet reservation system: Sanction 85672

**PLEASE NOTE:** Your registration is NOT complete until payment has been made in Meet-maker.

If you register in USAG by the cutoff date, but Pay Late in Meet-maker, you **WILL BE SUBJECT** to Late Fees.

**DEADLINE:**

Final date of Regular Registration: 3/31/2023

Late Registration: 3/31/2023 – 4/21/2023: Assessed a \$50.00 late registration fee per gymnast.

Registration closed: 4/21/2023

Final date for Scratches: 4/21/2023.

**AGE DETERMINATION:**

Per the R+P: Age is determined by the date of the last day of the State meet.

Age Determination Date is April 30, 2023.

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**AGE GROUPS**

The age group is determined by an equal distribution of athletes based on their date of Birth  
See Below:

**SCHEDULE**

To Be Determined  
XG : Saturday/Sunday: Youngest to Oldest  
XP: Friday/Saturday: Youngest to Oldest  
XD/XF: Friday: Youngest to Oldest

**SCORING:**

XG/XP/XD/XF: Top 3 scores make up the team score

**LIVE SCORING:** <http://www.meetscoresonline.com/Event/TBD>

**GRADUATING SENIORS:** Please send a list of all graduating seniors to Larry Goldsmith via [email](mailto:lgoldniag@aol.com) (lgoldniag@aol.com). Please include the name of the gymnast, along with the level and gym they are currently in. Alternatively, Mark the person as a Senior in the Reservation, and we will be able to supply Larry with the List.

**EQUIPMENT:** Speith

**DAILY ADMISSION**

Adults: **\$20**  
Children (6-12): **\$15**  
Children (5 and under): **Free**

**APPAREL VENDOR:** Fine Designs

**PHOTOGRAPHY:** EPBeyond (Extreme Photo & Beyond)

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