



Dear Members,

The competitive season is in full swing with meets happening every weekend. I have been receiving questions concerning qualifying to states and regionals. I hope that the information below is helpful. There is quite a bit of information here, so please read carefully. Best of luck in the remaining season and remember to try and pace yourself, if possible. :)

Larry Goldsmith
NY State Chair

Qualifying 'Out of State'

There have been many questions concerning qualifying for the state championships through an 'out of state' meet. **It is required for a gymnast to qualify for the state meet in a NY 'qualifying meet'**. If the gymnast is injured and cannot compete in any other meet except the out of state meet which she competed in, the following rule applies. The NY Gymnastics state board met and discussed this issue and voted on the following:

NY State Injury Petition Rule

In the event that a gymnast was able to compete in an 'out of state' competition but then was injured for a significant part of the season, the gymnast may petition into states using an 'out of state' score, as long as they can provide the following:

- A doctors note with proof of injury.
- A coaches note explaining the conflict.
- Proof of All-around score THAT MUST BE .5 above the normal NY State qualifying score.

The meet can be out of NY state but must be sanctioned and posted online. The score must be from the same season that the gymnast is being petitioned into and at the same level. The petition must be submitted ahead of the State competition entry deadline. Once the petition is submitted, it will be reviewed by the State Chairmen and accepted or denied.

Motion: Matt Towers
Second: Jamie Winkler

INDIVIDUAL EVENT SPECIALIST

There will be a session at JO Nationals for gymnasts who are **Individual Event Specialists (IES)**. They will compete at Nationals in a "Wild Card" session and it will take place on Friday evening of DP Nationals. Also included in this session are the top 2 All Around scores regardless of age group, excluding the national qualifiers.

The NY state board has voted on the specific requirements for qualification **as an IES for the Level 9/10 State Championships**. A gymnast may **qualify into the Level 9/10 State championships by scoring an 8.75 on an individual event**. This qualifying score must be reached at least one time. The gymnast **has until March 1st to declare that she is an individual event specialist (IES)** and not an all around athlete. If you feel that your gymnast is going to be an IES and has already qualified, please register for states as soon as possible. This will help us to manage the number of gymnasts in the meet.

At the Level 9/10 state championships the gymnast **must score a 9.0 or above**, on the event in

order to **qualify for the Regional Championships**. Injury petitions may be allowed for IES into the Regional Championships for Level 10 only.

Level 9 IES can only go to the Regional Championships. There is NO IES session at the Eastern National Championships and they cannot qualify to Eastern Nationals as a result.

Petitions - click here: **IES petition**

There is no petitioning to Regionals for a Level 9 at this time. The reason there is petitioning for the Level 10 gymnast is because a Level 10 IES gymnast has a pathway or may compete in the DP Nationals. The Level 9 IES gymnast can only go through to Level 9 Regionals.

At the Regional championships the IES must place in the top 5 scores on that event (excluding all national qualifiers, regardless of age) in order to **qualify for the National Championships**. The minimum qualifying score to **Nationals must also be a 9.3 on that event**.

Graduating Seniors - each of the graduating seniors receive a senior plaque from NYS Gymnastics which is presented to them at their State Championships. To allow us to order these plaques, please send the following information to Larry Goldsmith at lgoldny2@gmail.com

The information needed is:

Gymnasts Name
Level of competition
Club

If she is a Level **9/10 graduating senior**, you need to send the above info to lgoldny2@gmail.com, but you need to **also send a picture of the gymnast, with her name, competitive level, club, and which college she will be attending to barry.coss@gmail.com**.
****RGA is hosting the Level 9/10 state meet and they plan on having a senior recognition video at the meet.

REGIONAL QUALIFICATION -

The NEW XCEL Qualifying Criteria is published on the Region 6 website.

Click here: <https://www.region6usagym.org/regionals>

Regional Championship Scheduling Challenge for 2025

The 2025 Regional Championship season is presenting a challenge. The dates for the event are April 11 - 13, 2025. Passover begins on April 12, 2025. The following weekend - April 18 - 20, 2025 is Easter Weekend. The National Championship dates are:

May 2 - 4, 2025 Level 9 Easterns
May 9 - 11, 2025 Level 10 Nationals

One option is to hold the L 9/10 Regional Championships the weekend of April 4 -6, 2025. This proposal would put 4 weeks before Level 9 Easterns and 5 weeks before Level 10 Nationals.

Another option would be to hold the Level 9/10 Regional Championships during the week - April 14 - 16, 2025 (This is Monday-Wednesday). This week is typically a school vacation in some states but not all.

Please complete the form below and provide your input relative to the 2025 Regional Championship Season.

[Click Here to respond](#)

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