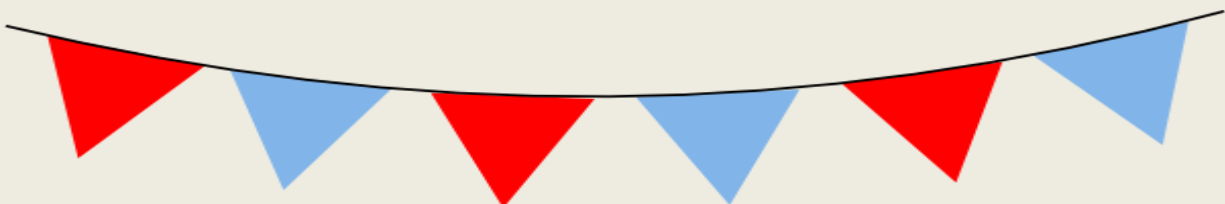




USA GYMNASTICS - NEW YORK

# NEWSLETTER

## FEBRUARY 2016



Dear NYS Gymnastics,

Our competitive season is in full swing and we are gearing up for an exciting State Championships season! We would like to congratulate the gymnasts that participated in Early Season State Championships and extend a HUGE thank you to Elite Gymnastics for hosting an outstanding event! We are now working towards putting together the Level 9/10/XCel State Championship in Rochester, NY!

I have had a wonderful time being State Chair for the last 2 seasons and I look forward to continuing in this position. However this year is an election year so please read the information in this newsletter for any call for nominations for this position.

As we head into our State, Regional, and National Championship season I am excited to be there for our athletes, coaches, and judging officials during this busy important time of the year. I sincerely wish you all the best of luck at the upcoming competitions!

*Tina Ferriola*

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# **OFFICIAL Call FOR SACC Nominations!**

**Please submit by March 1, 2016.**

**See next page for nomination criteria,  
responsibilities of the SACC, and  
nomination form!**

# STATE ADMINISTRATIVE COMMITTEE CHAIRMAN ELECTIONS

## 2016 is an election year for the position for State Administrative Committee Chairman

Nominations for State Administrative Committee Chairman must be in hand March 1, 2016. Form below:

1. State Administrative Committee Chairmen (SACC) shall be elected by the Professional members of the Women's Program in their respective states.
2. They shall serve for two (2) years and be elected in the spring on even- numbered years.
3. Elections to be completed by April 15th. Term of office to begin July 1st.

Criteria for nominations:

- Nominees must be USA Gymnastics Women's Program professional members for a minimum of two years in the state program in which they seek election
- Nominees must be at least 21 years old and be members in good standing.
- It is strongly recommended that the State Committee Chairman candidates have financial skills, organizational skills, communication skills, a working knowledge of the program and the willingness to fulfill the duties and responsibilities of the position.

Duties and responsibilities of the SACC:

The State Administrative Committee Chairman (SACC) is responsible for the overall organization of all designated qualifying events and programs within their State. The State Administrative Committee Chairman (SACC) shall work in close cooperation with the Regional Administrative Committee Chairman (RACC), Regional Junior Olympic Committee Chairman (RJOC) and the Regional Technical Committee Chairman (RTCC) to effectuate State programs. Any problems that cannot be solved by the State Administrative Committee Chairman (SACC) should be submitted to the appropriate regional personnel.

For specific job responsibilities of State Administrative Committee Chairs,

Please see pages 23-26 of the Women's Operating Code found online at <https://usagym.org/PDFs/Women/Rules/operatingcode.pdf>.

## Nomination form for State Chairman

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Name of Nominee: \_\_\_\_\_

Address of Nominee: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mail completed form to: Kathy Ostberg, 365 Spring St, Shrewsbury, MA 01545 or e-mail complete information to [region6usag@gmail.com](mailto:region6usag@gmail.com)

Mailed and e-mailed forms must be in the hands of the *Regional Administrative Committee Chairman* – Kathy Ostberg no later than March 1, 2016. Any nominations received after this date will not be accepted.



**Age Group Notification  
for Level 7/8 State Championships!!**

Due to qualifying criteria for Level 7/8 Regional Championships age groups at the Level 7/8 State Championship will be based on the gymnast's age the final day of the Regional Championship.

This date is April 17, 2016.



**Please be aware of the new venues below :**

**New Venue for  
Level 4 DOWNSTATE Championships:**

Sachem East High School  
177 Granny Road  
Farmingville, NY 11738

**New Venue for  
Level 5/6 State Championships**

Monroe Community College  
Brighton Campus - BLDG. 10 Gymnasium  
1000 East Henrietta Road  
Rochester, NY 14623-5780

# **INJURY PETITION FORM**



## **Injury Petition Form**

**Deadline - 3 days following the last qualifying meet**

**For State Championships:** send form to your State Administrative Committee Chairman  
**For Regional Championships:** send form to your Regional Technical Committee Chairman  
(or other designated person)

*Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.*

Refer to Chapter Two, Section I, page 16: General Procedures for Petitions for USA Gymnastics Jr. Olympic Competitions in the current *Women's Rules & Policies* and for Meet Specific information, refer to:

**For State Meets:** pages 18-19; **For Regional meets:** pages 19-20; **For JO-NIT:** page 26.

**\*\* If this form is not completed correctly, it may not be accepted. It is the responsibility of the coach to provide all necessary information**

Meet Petitioning To: \_\_\_\_\_

Gymnast's Name: \_\_\_\_\_ USAG # \_\_\_\_\_

Birth date: \_\_\_\_\_ Age and Level \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Gym Name: \_\_\_\_\_ Coach's Cell Phone # \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Fax Number: \_\_\_\_\_ E-Mail Address \_\_\_\_\_

### **1. Photocopy Results of a minimum of 1 Sanctioned Meet:**

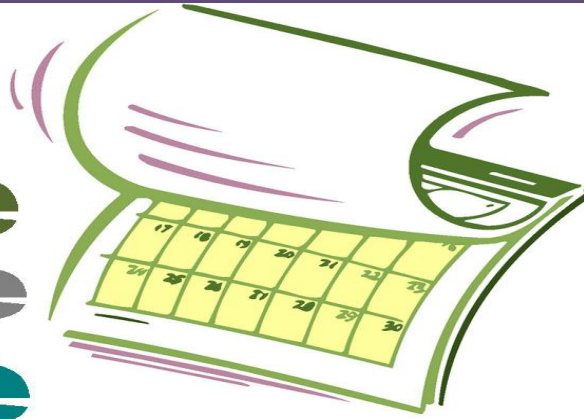
Meet: \_\_\_\_\_ Date \_\_\_\_\_

Scores: Vault: \_\_\_\_\_ Bars: \_\_\_\_\_ Beam: \_\_\_\_\_ Floor: \_\_\_\_\_

All Around Score: \_\_\_\_\_

**2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.**

**Save  
the  
Date**

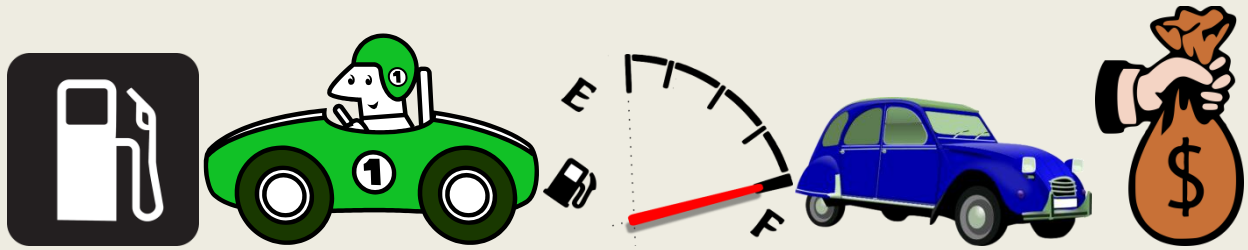


## **REGION 6 CONGRESS 2016**

August 5-7

Omni Providence

Providence, RI



**Attention!**  
**Women's Artistic Gymnastics**  
**Judges & Meet Directors**

Effective January 1, 2016 :

The rate for mileage reimbursement for judges is \$.54 per mile to reflect the recent decrease in the IRS standard mileage rate for 2016.





## Attention all gymnastics club owners in New York!

**Be Aware, this involves you!**

In New York State, you are considered a Health Club and must comply with the Health Club Act. See the link below for a webinar of important information that will help you become compliant with the law.

[https://usagym.org/PDFs/Member%20Services/webinars/feb2\\_ny.pdf](https://usagym.org/PDFs/Member%20Services/webinars/feb2_ny.pdf)

Contact Tina with any questions : [tina@nycelite.com](mailto:tina@nycelite.com)



**All head tax fees are \$5.00  
for each NYS gymnast.**

**Checks should be made  
payable to USAG/NY and  
mailed to:**

Tina Ferriola  
480 Greenwich Street  
New York, NY 10013



## **Save the Date: October 1-2, 2016!**

NYS is organizing a special conference for our membership with some of the top business and coaching leaders of our industry! This is an opportunity not to be missed and we are beyond thrilled to offer this to our membership. More details will be emerging soon but be sure to save the date for all your professional members of your club!



## **2017 State Championships Dates:**

### **FEBRUARY :**

|              |                      |
|--------------|----------------------|
| Early Season | February 11-12, 2017 |
|--------------|----------------------|

### **MARCH :**

|                 |                        |
|-----------------|------------------------|
| Level 9/10/XCel | March 17-19, 2017      |
| Level 7/8       | March 31-April 2, 2017 |

### **APRIL :**

|                      |                   |
|----------------------|-------------------|
| Level 9/10 Regionals | April 7-9, 2017   |
| Level 7/8 Regionals  | April 22-23       |
| Level 9 Easterns     | April 27-30, 2017 |

### **MAY :**

|                     |                 |
|---------------------|-----------------|
| Level 10 JOs        | May 4-7, 2017   |
| Level 4 Downstate   | May 5-7, 2017   |
| Level 5/6           | May 12-14, 2017 |
| Level 2/3/4 Upstate | May 19-21, 2017 |
| Level 2/3 Downstate | May 19-21, 2017 |

# Cindy Sielski Believe and Achieve Scholarship Announcement!

**Essays due by March 1, 2016! (More info below)**

Attention Graduating Seniors, Coaches and Parents!

## The Cindy Sielski Memorial Believe and Achieve Scholarship 2016

The New York State USAG Board is once again proud to announce **The Cindy Sielski Memorial Believe and Achieve Scholarship** in honor of our good friend, Brevet Judge, former State Judging Director, Regional Technical Chair and NYS USAG Chair Cindy Gleason Sielski.

This \$2,000.00 scholarship [or 2 \$1000.00 scholarships] will be awarded to a New York State Gymnast who is presently a High School senior. She may be a competitor at any Level of USAG gymnastics.

The awarding of this scholarship is based on an essay of approximately 750 words written and submitted by the athlete. This essay should embody the spirit of one of Cindy's favorite quotes, "There is a Power in People Who Dream Big and Try Hard". All essays will be reviewed by the Scholarship Committee.

The Scholarship will be awarded at the 9/10 State Meet, unless the winner competes at another Level. The Scholarship would then be awarded at the appropriate State Meet.

Essays must be EMAILED to Val Stoughton at [rasvvs@yahoo.com](mailto:rasvvs@yahoo.com) by March 1st 2016. The essays will then be forwarded to all members of the committee. The following information should accompany the athlete's essay:

Full Name

Date of Birth

Address

Phone Number

Email Address

Gymnastics Club

Coach's Name

Level of gymnastics presently competing

Sincerely,

The NYS USAG Scholarship Committee

Val Stoughton Committee Chair

Gail Caspare

Maria De Cristoforo

Mary Spadaro

Sharon Sparling

# 2017 State Championship Bids to Open Soon!

You can place your bid to host a  
NYS Championship  
from March 1-March 31, 2016!!

## **Please fill out :**

- \* In House Bid Form for Early Season States  
&  
\*Outside Venue Form for Level 2-10/XCel  
State Championships!

(forms are the following 2 pages of this newsletter)



**New York USA Gymnastics  
In House Venue Meet Bid Form  
2017 Early Season State Championship  
Bidding Party--Early Season**

Meets Interested in Hosting: \_\_\_\_\_ **Early Season States--February 11-12, 2017**

Host Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_

Gymnastics Club: \_\_\_\_\_ Phone: \_\_\_\_\_

Meet Director: \_\_\_\_\_ Meet Director Certified? ( Y / N )

Pro Number: \_\_\_\_\_ Exp: \_\_\_\_\_ Bkgd Exp: \_\_\_\_\_

Safety Exp: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Facility Information**

Address of Host Gym: \_\_\_\_\_

Handicap Accessible: ( Y / N ) Scoring team with Pro Score experience: ( Y / N )

Separate Awards Area: ( Y / N ) Availability to run Friday sessions?: ( Y / N )

Separate meeting area for officials: ( Y / N ) Television and DVD for officials prep: ( Y / N )

Two fully equipped beam areas: ( Y / N ) Two fully equipped bar areas?: ( Y / N )

Two fully equipped vault systems?: ( Y / N )

Number of available parking spots: \_\_\_\_\_

Number of restroom stalls: \_\_\_\_\_

Spectator capacity: \_\_\_\_\_

Number of 7 ½ foot wide 4" throws: \_\_\_\_\_ (Narrower 4" not legal for VT, UB, BM)

**Agreement**

I certify that the above information is accurate. I agree to follow the guidelines as listed in the USA Gymnastics Women's Rules & Policies in conducting this event. I have read the host club responsibility attachment and agree to all terms. I will email this form to [usagny@gmail.com](mailto:usagny@gmail.com).

Meet Director Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **Host Club Responsibilities for In House State Meets**

- \*Decorate venue, including skirted tables to the standards of a Championship Meet.
- \*Provide adequate seating for athletes, coaches, judges, and auxiliary meet personnel.
- \*Provide experienced computer scoring team versed in Pro Score.
- \*The competition area must be sectioned off from spectators.
- \*A means to provide print materials (scorecards, rotation sheets, programs, and signage)
- \*Provide staff for: coaches check in, athlete check in, music personnel, announcer, timers, flashers, hospitality, and awards personnel.
- \*Provide food for officials and coaches keeping in mind that they could be at the venue for the entire day.
- \*After the event a detailed income/expense report will be submitted to the SACC to aid in budgeting future competitions.
- \*Host club will supply meet director and apply for and pay for the sanction
- \*Secure hotel room block for judging officials.
- \*Provide PTF (ProScore Transfer File) of Competition after conclusion to usagny@gmail.com

### **NYS Responsibilities for In House State Meets**

- \*Judges and pay for all officials' fees.
- \*Hotel Accommodations Fee for Judging Officials
- \*Funds for all judges food.
- \*Funds for all coaches food.
- \*All awards and banners.
- \*Complete proscore file and rotation sheets prior to meet.





**New York USA Gymnastics  
Outside Venue Meet Bid Form  
2017 State Championship Season**

**Bidding Party**

Meets Interested in Hosting: (Please select from the following)

\_\_\_\_\_ **Level 5/6--May 12-14, 2017**                      \_\_\_\_\_ **Level 2/3/4 Upstate--May 19-21, 2017**  
\_\_\_\_\_ **Level 7/8--March 31-April 2, 2017**                      \_\_\_\_\_ **Level 4 Downstate--May 5-7, 2017**  
\_\_\_\_\_ **Level 9/10/XCel--March 17-19, 2017**                      \_\_\_\_\_ **Level 2/3 Downstate--May 19-21, 2017**

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_

Gymnastics Club: \_\_\_\_\_ Phone: \_\_\_\_\_

Meet Director: \_\_\_\_\_ Meet Director Certified? ( Y / N )

Pro Number: \_\_\_\_\_ Exp: \_\_\_\_\_ Bkgd Exp: \_\_\_\_\_

Safety Exp: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Facility Information**

Name of the Outside Facility: \_\_\_\_\_

Address of Facility: \_\_\_\_\_

Approximate Rental Fee of Facility: \_\_\_\_\_

Handicap Accessible: ( Y / N )                      Scoring team with Pro Score experience: ( Y / N )

Separate Awards Area: ( Y / N )                      Availability to run Friday sessions?: ( Y / N )

Separate meeting area for officials: ( Y / N )                      Television and DVD for officials prep: ( Y / N )

Number of available parking spots: \_\_\_\_\_

Number of restroom stalls: \_\_\_\_\_

Spectator capacity: \_\_\_\_\_

I certify that the above information is accurate. I agree to follow the guidelines as listed in the USA Gymnastics Women's Rules & Policies in conducting this event. I have read the host club responsibility attachment and agree to all terms. I will email this form to [usagny@gmail.com](mailto:usagny@gmail.com).

Meet Director Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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