



Dear Members,

The Fall season for gymnastics will soon be here and I wanted to share the information which was decided at Regional Congress that will help with your planning for the upcoming season. The State Board met at Congress and voted unanimously for this schedule.

This competitive season there will be a Level 6 Regional Championship along with the Level 7 & 8 Regional Championship on April 19-21, 2024. This means that we have to move up the date of our Level 6 state meet. Last year our Level 6 state meet was held at the end of April, so this year it must be much earlier. This year, with Easter at the end of March, the State Board has decided to combine the Optional State Meets in order to fit all of these meets in before Regionals.

The State Championship will be held in one large, state of the art facility that can host 2 separate State Championships all under the same roof.

The **Level 6, 7, 8, 9, 10 State Championships** will be held at:

**March 22-24 at the Golisano Training Center at Nazareth College in Rochester, NY.**

Gym A - Level 6 & 7

Gym B - Level 8 & 9 & 10

This meet will be hosted by RGA and will have separate gyms, judges, scoring and awards. There will be 16 judges on both sides and 2 different meet referees.

This will require the clubs to bring enough coaches to be at 2 different meets at once. This information is being given out in August and should allow enough planning time to be prepared for March.

It will also lighten the competitive schedule so that the coaches are not working as many meets week after week.

I realize that this is a change and sometimes change can be difficult. Please remember that this allows us to have our optional state championships before the regional championships. It also allows gyms to not have coaches gone every weekend away from their business and families.

The other State Championship dates are:

**XCEL Championships – April 26-28, 2024**

Gym A – XCEL G, XCEL P, XCEL D, XCEL Sapphire

Gym B – XCEL B, S

There will be 16 judges for the XCEL G, P, D, Sapphire and 8 judges for the XCEL B, S.

The XCEL state meet will be held in one venue.

**This meet is up for bid.** If a club has an outside venue that is big enough to host this meet, please put a bid in to host this event. \*

The final meets will be Upstate and Downstate Level 2,3,4,5 and will be similar to what was held last year. **This meet is also up for bid.** If a club has an outside venue and would like to host this meet, please put a bid in to host this event.\*

**Level 2, 3, 4, 5 Upstate – May 3-5, 2024**

**Level 2,3,4,5 Downstate – May 12-14, 2024**

\* To put in a bid to host one of the available state meets, go to the state website under forms and fill out the state meet bid form and send it into me by Sept. 5th. The State Board will then meet and decide the locations of the XCEL and compulsory meets.

**Committee Minutes** - This is just a friendly reminder to read the minutes from the DP and Tech Committees May meetings on the USAG website. There are some changes that can affect your competitive season.

I hope that this information is helpful and that everyone enjoys the remaining weeks of the summer.

Sincerely,

Larry Goldsmith  
NY State Chairman

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